

# Sample Daily Schedule

## Daffodils & Sweet Peas

Time	Task/Activity
8:00 AM	Centre Opens
8:00 – 8:40 AM	Fun Learning Activities & Washroom Routine
8:40 – 9:00 AM	Morning Snack Time
9:00 – 10:00 AM	Outdoor Play & Fresh Air
10:00 – 10:40 A	Hands-On Learning & Washroom Routine
10:40 – 11:00 AM	Circle Time (Songs, Stories & Sharing)
11:00 – 11:40 AM	Nutritious Lunch
11:40 – 12:00 PM	Calm Activities & Washroom Routine
12:00 – 2:00 PM	Nap Time or Quiet Rest
2:00 – 2:15 PM	Gentle Learning & Washroom Routine
2:15 – 3:15 PM	More Outdoor Fun
3:15 – 3:30 PM	Afternoon Snack
3:30 – 4:00 PM	Circle Time
4:00 – 4:30 PM	Creative Learning & Washroom Routine
4:30 – 5:00 PM	Wind-Down with Quiet Play
5:00 PM	Centre Closes

✨ **Please note: This is a sample daily schedule. While we strive to follow a consistent routine, every day with children brings new discoveries and flexibility is part of the fun!**